

# Comparison of Cooking Requirements for First Class Rank, and the Camping and Cooking Merit Badges

## NOTES:

- All meals are to be planned and prepared for the Scout *plus* his patrol of at least two Scouts.
- Meals do not have to be prepared consecutively, they can be prepared on different trips.
- “Lightweight stove” can mean a Coleman 2- or 3-burner stove or a smaller trail stove.

The tables below list the MINIMUM number of meals that must be planned, prepared, and/or cooked to fulfill the rank or merit badge requirements.

## MENU PLAN:

RANK		1 <sup>ST</sup> CLASS	CAMPING MB	COOKING MB	COOKING MB
REQUIREMENT #		#4a*	#8c**	#3 (Camping)***	#5 (Trail)****
MEAL	BREAKFASTS	1	2	2	1
	LUNCHES	1	3	2	1 or 2
	DINNERS	1	2	2	1

\* At least two meals must be cooked

\*\* One of each meal (B, L, D) must be cooked; at least one is a trail meal cooked on a backpacking stove

\*\*\* Cooking is optional, but at least one meal must be cooked on a backpacking stove

\*\*\*\* One trail breakfast and trail dinner must be cooked on a backpacking stove

## PREPARE/SERVE:

RANK		1 <sup>ST</sup> CLASS	CAMPING MB	COOKING MB	COOKING MB
REQUIREMENT #		#4e*	#8d**	#4a (Camping)***	#6 (Trail)****
MEAL	BREAKFASTS	1	1	1	1
	LUNCHES	1	1	1	0
	DINNERS	1	1	2	1

\* At least two meals must be cooked

\*\* The three meals must be cooked; cook at least one trail meal on backpacking stove

\*\*\* At least one meal must be cooked on a backpacking stove

\*\*\*\* Cook on backpacking stove or over charcoal

## COOK:

RANK		1 <sup>ST</sup> CLASS	CAMPING MB	COOKING MB	COOKING MB
REQUIREMENT #		#4e*	#8d**	#4b (Camping)***	#6b (Trail)****
MEAL	BREAKFASTS	1	1	1	1
	LUNCHES	1	1	1	0
	DINNERS	1	1	2	1

\* At least two meals must be cooked per requirement #4a

\*\* All cooked, at least one is a trail meal cooked on backpacking stove

\*\*\* When needed, cook with fire or lightweight stove; at least one meal cooked on a backpacking stove

\*\*\*\* Cook on backpacking stove or over charcoal

**NOTE for 1<sup>ST</sup> CLASS:** No specific heat source required; can be low-impact fire, charcoal, lightweight stove, backpacking store, Dutch oven, or reflector oven